

Lightning Polka

Count	Footwork
	Right Rock, Syncopated Weave, Left Rock, Modified Sailor Step.
1 - 2	Rock To Right Side On Right. Rock Onto Left In Place.
3 & 4	Cross Right Behind Left. Step Left To Left Side. Cross Right Over Left.
5 - 6	Rock To Left Side On Left. Rock Onto Right In Place.
7 & 8	Cross Left Behind Right. Step Right Slightly Right. Step Forward Left.
	Shuffle Forward, Step 1/2 Pivot Right, Heel Switches, Toe Touch.
9 & 10	Step Forward Right. Close Left Beside Right. Step Forward Right.
11 - 12	Step Forward Left. Pivot 1/2 Turn Right.
13 &	Touch Left Heel Forward. Step Left Beside Right.
14 &	Touch Right Heel Forward. Step Right Beside Left.
15 - 16	Touch Left Heel Forward. Hook Left Across Right Tapping Toe To Floor.
	Shuffle Forward, Step 1/2 Pivot, Heel Switches, Stomp 1/4 Turn Kick.
17 - 18	Step Forward Left. Close Right Beside Left. Step Forward Left.
19 - 20	Step Forward Right. Pivot 1/2 Turn Left.
21 &	Touch Right Heel Forward. Step Right Beside Left.
22 &	Touch Left Heel Forward. Step Left Beside Right.
23	Stomp Right Beside Left (no Weight).
24	On Ball Of Left Make 1/4 Turn Right Kicking Right Forward.
	Coaster Step, Shuffle Forward, Step 1/2 Pivot, Walk Forward.
25 & 26	Step Back Right. Step Left Beside Right. Step Forward Right.
27 & 28	Step Forward Left. Close Right Beside Left. Step Forward Left.
29 - 30	Step Forward Right. Pivot 1/2 Turn Left.
31 - 32	Step Forward Right. Step Forward Left.
Option :	Steps 31 - 32 Can Be Replaced With A Full Turn Left, Traveling Forward.